



# المدرسة الهندية صلالة INDIAN SCHOOL SALALAH

Affiliated to Central Board of Secondary Education, India. Affiliation No. 6130002, School No. 90167

Date : July 22, 2024

Mrs. Salony Priya  
Director  
Ummeed Counselling and Consulting Services  
Kolkata  
India

Dear Mrs. Salony Priya,

Sub: Letter of gratitude

On behalf of the entire fraternity of Indian School Salalah, I express my heartfelt gratitude for your invaluable contribution to the workshop on "Mental Health: A Deeper Perspective - Ensuring Good Mental Health for Children and Adolescents" and 'Creating Happy classroom' that took place on 20<sup>th</sup> and 21<sup>st</sup> of July, 2024. Your expertise and insights made a profound impact on all attendees.

Throughout the sessions on both the days, your dedication to the topics and your ability to articulate complex concepts surrounding mental health in a manner that was accessible and engaging truly enhanced our understanding. I particularly appreciate your emphasis on practical strategies and the importance of early intervention in promoting positive mental health outcomes for young people.

Furthermore, your willingness to address audience on their queries and share personal anecdotes underscored your passion for the subject matter and created a supportive atmosphere for learning.

In conclusion, our teaching team feel privileged to have had the opportunity to learn from someone as knowledgeable and passionate as yourself. Once again, thank you for sharing your expertise and for your commitment to this crucial area of mental health and creating happy classroom.

I look forward to my teachers applying what they have learned from you.

Warm regards,

  
22/7/2024  
**Deepak Patankar**  
Principal

