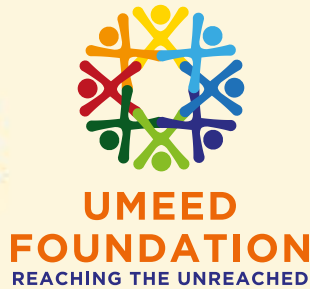


PASSION TO KINDLE HOPE! UMEED FOUNDATION REACHING OUT



“It’s amazing how a little tomorrow can make up for a whole lot of yesterday.”

- John Guare

Salony Priya
Founder, Umeed Foundation



Head of Training Innovations at **Centre for Cultural Research and Training CCRT** under Ministry of Culture Government of India 2021-22. In this role she created innovative training modules integrating Indian cultural practices and value education for government school teachers.



Training teachers on Gender sensitivity integrating NEP vision into curriculum, held several sessions for teachers of government schools across 16 states of India in Online & offline mode at CCRT, New Delhi.



As resource person for **Nipun Bharat Mission** - Primary school heads trained on child mental health organized by District Inspector of schools, R.K. Puram



Non violence communication - for youth of 21 schools at **Gandhi Smriti**, New Delhi

Empowering & Energizing, Coaching and counselling for last 25 years, made me realize the POWER OF OPTIMISM, POWER OF FAITH and POWER OF RESILIENCE that makes impossible possible. The grit to face odds and deal with adversity, unearths the deepest potential in us and is so liberating and fulfilling.

After years of path breaking work in the field of mental health, psychological well being with positive psychology, breaking myths of ‘counselling is for crazy’... in mainstream educational institutions, corporates and social organizations; conducting life skill workshops, building proactive parenting platforms and offering teacher education in psychosocial domain, from Umeed Counselling & Consulting services, a multi speciality centre based in Calcutta, with countrywide operations. **I had deep satisfaction in the acceptance it created in people, communities and organizations. This also gave me tremendous insight into the power of human connect, the difference people can make in their lives with right knowledge, with little resources and genuine support.**

However, I always felt the need to reach out to those who were needing it the most, yet not being reached. To be able to reach out and connect to more people, young and young at heart, those who are not so privileged; was always there. The need in society to spread long term wellbeing, spread good mental health practices, provide life skill education and enhance capacity of caregivers in the NGO sector led to this reach out - **Umeed Foundation ‘reaching the unreachable’ came into existence in 2015.**

CSR initiatives



Capacity building of 200 educators of 3 educational set ups on well being, stress handling - **Oil India CSR at Duliajan Assam**



Educating Parents on good mental health practices, series of sessions at Bangalore, and Mumbai supported by **CSR of Reliance India.**

CORPORATE SOCIAL RESPONSIBILITY PROJECTS BY SALONY PRIYA

**Community
service outreach**

**Empowering Caregivers
with capacity building**

**Skill development
of youth**

Spread across New Delhi, West Bengal, Odisha, UP, Jharkhand, Bihar, MP, Chattisgarh & Maharashtra



Sarv Shiksha Prasar - teachers and headmasters of government schools of Jharkhand Trained TATA MOTORS CSR



Skill development in Community counselling & Health, Kushinagar UP



TATA Mines - Sukinda, Noamundi - CSR, enabled educators (200 plus) on child safety and abuse prevention.

The like minded people who encouraged me, walked with me, made Umeed Foundation possible.

**To feel is human,
To give is noble,
To give HOPE is divine!**

We at Umeed Foundation are committed:



To give to restore dignity



To create self-sufficiency



To build skills and potential



To conserve and create a meaningful life



Anant Foundation - Life skill, personality development session for meritorious underprivileged college students - along with behavioral counselling, career and vocational guidance. CSR INFINITY



Non violence communication to fight violence against women at Gandhi Smriti New Delhi



Advocating more mental health preventive programs with WB Education Department



Bridging The GAP - Higher education and school UF initiative in association with Kalyan Bharti Trust, Kolkata



Rajiv Gandhi Foundation - capacity building of agawadi workers and block development officers at Dehradun



Educators and Caregivers at Sukinda and Joda - training on mental health issues - TATA Steel CSR



GENDER SENSITIVITY - Women empowerment TATA STEEL Sukinda



Tech Mahindra CSR in education - Teachers of seven schools and two NGOs were trained in March 2019 at Bhubaneswar on mental health needs of children & adolescents.